

# Celebrate Recovery<sup>®</sup>

## THE ROAD TO RECOVERY

### The Eight Recovery Principles

**R**ealize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*Happy are those who know they are spiritually poor.* MATTHEW 5:3

**E**arnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*Happy are those who mourn, for they shall be comforted.* MATTHEW 5:4

**C**onsciously choose to commit all my life and will to Christ's care and control.

*Happy are the meek.* MATTHEW 5:5

**O**penly examine and confess my faults to myself, to God, and to someone I trust.

*Happy are the pure in heart.* MATTHEW 5:8

**V**oluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*Happy are those whose greatest desire is to do what God requires.* MATTHEW 5:6

**E**valuate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

*Happy are the merciful. Happy are the peacemakers.* MATTHEW 5:7 & 9

**R**eserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life, and to gain the power to follow His will.

**Y**ield myself to God to be used to bring this Good News to others, both by my example and by my words.

*Happy are those who are persecuted because they do what God requires!*

MATTHEW 5:10

We meet at **PLEASANT VIEW BAPTIST CHURCH**

6400 Crow Creek Rd., Bettendorf, Iowa 52722

Email: [office@pleasantviewbett.com](mailto:office@pleasantviewbett.com)

Starting Spring 2021 ~ Classes on Monday Evenings

Barb 563.370.0399 / Church Office 563.332.5233

W E L C O M E

## CELEBRATE RECOVERY

A CHRIST-CENTERED RECOVERY PROGRAM

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Come As You Are...It Will Change Your Life!

A Ministry of Celebration Ministries

# Celebrate Recovery®

## ***Are You Struggling?***

....with a hurt, habit or hang up? Come find Lasting Freedom at a Celebrate Recovery Program.

This Bible-based recovery program can help you find freedom from lifelong struggles such as:

Overworking / Divorce

Food Addiction / Overspending

Physical / Sexual Abuse

Lying / Perfectionism

Fear / Anxiety

Sexual Addiction / Guilt

Eating Disorders / Grief

Harmful Relationships

Rejections / Need to Control

Insecurity / Alcohol/Drugs

Co-Dependency

Anger / Rage

Gambling

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## ***What Is Celebrate Recovery?***

Celebrate Recovery is a Christ-centered recovery community helping others celebrate freedom from all types of painful hurts, habits and hang-ups. Celebrate Recover utilizes the Biblical truth that we need each other in order to grow spiritually and emotionally. Established in 1991, it is currently in 35,000 churches, in 50 States and 25 countries, and over 1,000,000 have successfully completed the program to lead normal lives.

## ***Who Should Attend?***

We all struggle! Anyone who desires a new way of managing life should consider attending Celebrate Recovery. Participants may include people who struggle with anger, co-dependency, overworking, various addictions, compulsive over/under eating, compulsive spending and any other issue that keeps us from becoming the people we are called to be.

## ***How Are Meetings Structured?***

The evening begins with coffee & fellowship then flows to a Large Group time with worship, prayer, a reading of the Steps or Recovery Principles, and a biblically-based teaching or a testimony. Men and women meet separately after the Large Group fellowship for Step Studies, an in-depth concentrated study of steps and recovery principles that are periodically offered.

## ***What Is Expected of Me?***

Come as you are! No registration is needed. Celebrate Recovery is an anonymous recovery meeting. No matter your hurts, habits or hang-ups you are welcome. You are free to share or not to share inside the Support Groups. All meetings are open to anyone who desires change, but anonymity and confidentiality are basic requirements. Celebrate Recovery does name and celebrate Christ as The High Power, but anyone seeking a new way to manage life is welcome. Come with an open heart, an open mind and ears ready to listen. Newcomers are always welcome!